

We have adapted our Green Ramadan poster this year to take into account our new norm of social distancing and staying home during the COVID19 pandemic.

### **Green Ramadan** *COVID19 Edition*

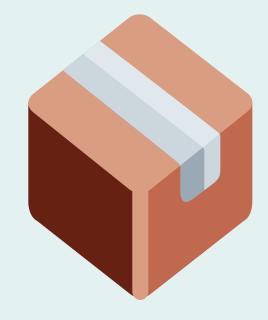
Stay safe. Stay healthy. Stay green.

Ramadan Mubarak!

#### **Reduce waste**

Look for ways to reduce your waste while spending more time at home.

Upcycle that delivery box for arts and crafts or consider bundling orders to minimize waste.



#### Turn off the lights

Reduce your energy consumption (and your bill) by turning off the lights when you leave a room.



#### Avoid food waste.

Make sure to use up those leftovers in the fridge before they go bad.



#### **Conserve water**

We are all practicing hand hygiene more often so don't forget to turn off the faucet when washing hands and when making wudu.





## Reduce bottled water

Only 1 in 5 plastic bottles are recycled. Invest in a resuable water bottle and a filter mug to help reduce waste from bottled water.



# Choose local produce

Whenever possible, choose local produce to use in preparing your iftar and dinner. Not only are they fresher but because they are local, they have a smaller carbon footprint.



#### **Meatless Iftar**

The meat production process releases a large amount of harmful green house gases into the atmosphere.

Having one meatless iftar per week can help reduce these emissions. And it's a great way to try new recipes in the kitchen!

Want more Green Ramadan? Visit <u>www.khaleafa.com/greenramadan</u> for the full Green Ramadan Guide.

